



Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive



**NATIONAL HEALTH LIBRARY  
& KNOWLEDGE SERVICE**

The following is a list of bereavement support websites in Ireland.

The main focus of this list is to sign post support information on infant and child loss.

These may be of interest or help if you have been affected by the subject matter in this exhibition.

The resources listed are operating at national and regional level.

This list is compiled by Dr. Steevens Library, HSE National Health Library & Knowledge Service. Very special thanks to Bennery Rickard, HSE.

This document is also available for downloading on our website in the current exhibitions page.

<http://www.thedock.ie/exhibitions/cillin>

## **Pregnancyandinfantloss.ie**

**About:** This website is a directory of support services and knowledge for both bereaved parents and healthcare professionals. Fact guide and useful links page Patient Information Leaflets

**Links:** <https://pregnancyandinfantloss.ie/>  
<http://pregnancyand.wpengine.com/fact-guide/>  
<https://pregnancyandinfantloss.ie/patient-docs/>

## **HSE Mental Health Services in Sligo/Leitrim & West Cavan**

**About:** Bereavement Counselling Service, Sligo/Leitrim and West Cavan

**Link:** [https://www.hse.ie/eng/services/list/1/lho/sligo\\_leitrim/mental%20health%20services](https://www.hse.ie/eng/services/list/1/lho/sligo_leitrim/mental%20health%20services)

## **HSE Bereavement Care (National Woman and Infants Health Programme)**

**About:** The HSE National Standards for Bereavement Care following Pregnancy Loss and Perinatal Death clearly define the care parents and families can expect to receive following a pregnancy loss or perinatal death.

**Link:**  
<https://www.hse.ie/eng/about/who/acute-hospitals-division/woman-infants/bereavement-care/>

## **Recovering after Stillbirth**

**About:** HSE website section Mychild.ie

**Link:**<https://www2.hse.ie/conditions/child-health/stillbirth/recovering-after-a-stillbirth.html>

[Recovering after Stillbirth](#)

## **HSE Recovering from Miscarriage**

**About:** HSE website section Mychild.ie

**Link:**  
<https://www2.hse.ie/wellbeing/child-health/miscarriage/recovering-from-a-miscarriage.html>  
[HSE Recovering from Miscarriage](#)

## **HSE National Health Library & Knowledge Service/ Irish Hospice Foundation**

**About:** A guide on Resources for bereaved parents This website contains information, suggested reading and videos to support bereaved parents experiencing the loss of a child

**Link:**  
<https://hse.drsteevenslibrary.ie/c.php?g=549991&p=4683046>

### **Vita House Roscommon**

**About:** Vita House is a community Family Centre, not for profit agency, providing a place of welcome for all, where families and individuals would be encouraged and supported to develop their true potential.

**Links:**

[http://vitahouse.org/bereavementloss/  
Bereavement Support Service](http://vitahouse.org/bereavementloss/Bereavement%20Support%20Service)

### **Traumatic Bereavement Service HSE Sligo/Leitrim**

**About:** The Traumatic Bereavement Counselling/Therapy service provides counseling/ therapy to individuals in cases of "complicated" grief.

**Links:**

[https://www.sligoleitrimdirectory.ie/services-list/traumatic-bereavement-service-hse/  
Traumatic Bereavement Service HSE](https://www.sligoleitrimdirectory.ie/services-list/traumatic-bereavement-service-hse/)

### **The Miscarriage Association of Ireland**

**About:** The Miscarriage Association of Ireland is a charitable body set up by, and with the support of women and men who themselves have been experienced the loss of a baby through miscarriage.

**Links:**

[Regional Support Meetings  
http://miscarriage.ie/index.html](http://miscarriage.ie/index.html)

### **Ectopic Pregnancy Ireland**

**About:** This website was set up to raise awareness about ectopic pregnancy amongst the general public and health professionals To provide information and support to those who have been affected by an ectopic pregnancy

**Links:**

[Ectopic Pregnancy Ireland  
http://ectopicireland.ie/](http://ectopicireland.ie/)

### **The Irish Childhood Bereavement Network (ICBN)**

**About:** Founded in 2012 ICBN act as a hub for those working with bereaved children, young people and their families. This website includes age appropriate information on how to talk about death to children and adolescents.

**Links:**

[The Irish Childhood Bereavement Network  
https://www.childhoodbereavement.ie/families/](https://www.childhoodbereavement.ie/families/)

### **Barnardos Children's Bereavement Service**

**About:** National Barnardos Children's Bereavement Service is here to help, by working with families to help them support their child through the grieving process. Link below to booklets for parents, children and teenagers on dealing with death.

**Links:** [Barnardos Children's Bereavement Service](#)

<https://www.barnardos.ie/our-services/work-withfamilies/bereavement-services>

<https://shop.barnardos.ie/search?q=death&type=p%20product>

#### **Anamcara.ie**

**About:** Bereaved parents have set up this organisation to help themselves and all bereaved parents cope with their grief and loss (wider remit – loss of a child)

Information packs for bereaved parents

**Links:** [Anamcara.ie](http://Anamcara.ie)

<https://anamcara.ie/resources/coping-withgrief/bereaved-parents/>

#### **Féileacáin (Stillbirth and Neonatal Death Association of Ireland – SANDAI)**

**About:** To provide each Maternity Unit and Children’s Hospital in the country with our ‘Gifts of Remembrance’ Services. These services are provided free of charge to the hospitals and their delivery is supported by a nationwide team of Feileacain volunteers.

**Links:** [Féileacáin](http://Féileacáin)

<https://feileacain.ie/>

#### **Irish Sudden Infant Death Association (I.S.I.D.A).**

**About:** Website known as Firstlight.ie National This organisation was originally set up to support Sudden Infant Death SIDs. In 2012, the organisation changed its name to FirstLight and expanded its remit to provide support to families suddenly bereaved of a child up to 18 years.

**Links:** [Irish Sudden Infant Death Association \(I.S.I.D.A\).](http://Irish Sudden Infant Death Association (I.S.I.D.A).)

<https://firstlight.ie/>

#### **A Little Lifetimes Foundation (formally iSANDS)**

**About:** This website offers support and information not only for families facing or coping with this tragedy but also for anyone who comes in contact with these families. A Little Lifetime Foundation produce and distribute a booklet called A Little Lifetime to all maternity hospital s and units in the country. This booklet has helpful and important information to help and support parents at the time they are told the sad news that their baby has died or is expected to die shortly after birth

**Links:**

[A Little Lifetimes Foundation \(formally iSANDS\)](http://A Little Lifetimes Foundation (formally iSANDS)) <https://alittlelifetime.ie/>